

## Anti-Racism Resources for UU Children, Youth, and Older Teens

### Books

Title	Author	Appropriate for	Description
How to Be an Anti-Racist	Kendi, Ibram X.	Older teens and adults	Kendi weaves an electrifying combination of ethics, history, law, and science with his own personal story of awakening to antiracism. This is an essential work for anyone who wants to go beyond the awareness of racism to contributing to the formation of a just and equitable society.
Let it Shine, Stories of black women freedom fighters	Pinkney, Andrea Davis	children	Eloquent portraits of 10 intrepid African-American activists for the causes of abolition, women's rights and civil rights. Exploring these individuals' childhoods as well as their accomplishments as adults, the author smoothly distills biographical information so as to hold the attention of young readers.
My Magical Choices (The Magic of Me series)	Cummings, Becky	children	The author encourages children to repeat each choice and give examples of that choice in action. This book explores choosing to be responsible, patient, confident, forgiving, a good sport, and more!
Teach Your Dragon About Diversity	Herman, Steve	children	The story makes readers aware of the differences in all beings and the need to accept and respect all.
Mixed: A Colorful Story	Chung, Arree	children	The reds, the yellows, and the blues all think they're the best in this vibrant, thought-provoking picture book from, with a message of acceptance and unity.
Spite Fences: A Story of Hope, Redemption and Justice in the 1960's South	Krisher, Trudy	Older teens and adults	If you are white, you sit at the counter at Byer's drugs. If you are black, you eat outside. Black lives don't matter in Georgia, 1961. That's just the way things are. Maggie's never given it much thought. Then it happens. Something horrible.
Stamped From the Beginning	Kendi, Ibram X.	Adult	The National Book Award winning history of how racist ideas were created, spread, and deeply rooted in American society. Racist ideas did not arise from ignorance or hatred. They were created to justify and rationalize deeply entrenched discriminatory policies and the nation's racial inequities. In shedding light on this history, Kendi offers us the tools we need to expose racist thinking. In the process, he gives us reason to hope.
Stamped: Racism, Antiracism, and You:	Kendi, Ibram X.	Older teens and adults	This is a remix of the National Book Award-winning Stamped from the Beginning. It is not a history book, rather a timely, crucial, and empowering exploration of racism--and antiracism--in America.
Waking Up White: and Finding Myself in the Story of Race	Irving, Debby	Older teens and adults	Irving offers a fresh perspective on bias, stereotypes, manners, and tolerance. As she unpacks her own long-held beliefs about colorblindness, being a good person, and wanting to help people of color, she reveals how each of these well-intentioned mindsets actually perpetuated her ill-conceived ideas about race.

We Are Not Yet Equal: Understanding Our Racial Divide	Anderson, Carol	Older teens and adults	This young adult adaptation of the New York Times bestselling <i>White Rage</i> is essential antiracist reading for teens.
White Fragility: Why It's So Hard for White People to Talk About Racism	DiAngelo, Robin	Older teens and adults	Referring to the defensive moves that white people make when challenged racially, <i>White Fragility</i> is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue.
White Rage: The Unspoken Truth of Our Racial Divide	Anderson, Carol	Older teens and adults	Since 1865 and the passage of the Thirteenth Amendment, every time African Americans have made advances towards full participation in our democracy, white reaction has fueled a deliberate and relentless rollback of their gains. <i>White Rage</i> is historically accurate and transformative.
Why Are All the Black Kids Sitting Together in the Cafeteria?	Tatum, Beverly	Older teens and adults	Enter any racially mixed high school and you'll see Black, White, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? Tatum, a renowned authority on the psychology of racism, argues that straight talk about our racial identities is essential if we are serious about enabling communication across racial divides.