

**Indigenous Americans Conversation Series** Across three evenings in November, the DEI Ministry Team will host a series of conversations to consider the effects of white supremacy/colonialism on Native American culture and the Earth. Each evening explores a different topic. Reading materials and resources will be provided in advance. We will meet on Zoom on Thursday November 3, 10, & 17 at 7:00 PM. Sign up at [uusg.org/dei-series](https://uusg.org/dei-series). For more information, contact Terry Shouba at [tkshouba@gmail.com](mailto:tkshouba@gmail.com).

**October 16:** Voters are Invited to a Democracy Party Join us after the service, 11:30-2, for a light pizza lunch. Play a Democracy trivia game. Help Get Out the Vote by writing postcards (all supplies and addresses provided). Learn about issues that depend on the outcome of this fall's election, including the Constitutional Amendment which will be on the ballot. Sign up at [uusg.org/party](https://uusg.org/party).

**Inclusion Book Club** Join Lisa Gades & Kimberly Harrison and UUSG members and friends in a monthly exploration of diversity, equity, and inclusion. Our meetings are on the third Tuesday of every month at 7pm, and the next date is **October 18**. We will discuss "The Undocumented Americans," by Karla Cornejo Villavicencio. [More details and Zoom link at uusg.org](#).

#### **Contact Information**

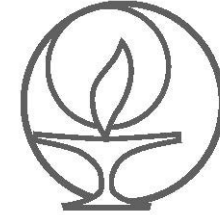
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## Today & This Week at UUSG

[uusg.org/calendar](https://uusg.org/calendar)

<b>Sunday, October 2</b>	Worship Service 10:30 AM
• 9:00 AM	Styrofoam Sunday
• 9:30 AM	CommUnity Connections
• 9:30 AM	K-12 Religious Education
• 12:00 PM	OWL Orientation
• 12:00 PM	RUUU Orientation
• 12:00 PM	Social Justice & Board Meeting
• 6:00 PM	Blue Lotus Buddhist Meditation Group
<b>Monday, October 3</b>	
• 9:00 AM	Weekly Worship Meeting
• 10:00 AM	Staff Meeting
• 7:30 PM	Technology Team Meeting
<b>Tuesday, October 4</b>	
• 7:00 PM	Council Meeting -online
<b>Wednesday, October 5</b>	
• 12:00 PM	Re-Opening Team Meeting
• 3:00 PM	Heritage Team Meeting
• 7:00 PM	Choir Rehearsal
• 7:00 PM	UU Buddhism Meditation & Study Group -online
<b>Thursday, October 6</b>	
• 7:00 PM	Marketing Committee Meeting
<b>Friday, October 7</b>	Lazarus House off-site
<b>Saturday, October 8</b>	
• 9:00 AM	Board Retreat
<b>Sunday, October 9</b>	Worship Service 10:30 AM
• 9:30 AM	K-12 Religious Education
• 9:30 AM	Monthly Question Box: Rev. Scot
• 11:45 AM	Finance Team Meeting
• 6:00 PM	Blue Lotus Buddhist Meditation
• 6:00 PM	Blue Lotus Buddhist Meditation Group

## Welcome to This House!



## Unitarian Universalist Society of Geneva

**October 2, 2022**

Soul Matters Theme: Courage

#### Today's Worship Team

**In the Pulpit:** Rev. Scot Hull & the Venerable Bhante Sujatha  
**Worship Associate:** Kathy McFadden  
**Musicians:** Valerie Heinkel-Bollero, Ruth Cavanaugh, Cynthia Spiegel  
**YRUU Worship Associate:** Soren MacPebbles  
**K-2:** Amanda Slaiher, Aaron Miller  
**3-5:** Kerry Sapet, Katie Yurkewicz  
**6-8:** Vickie Kilgore, Anthony Mistretta  
**9-12:** Jaime Andersen, Scott Dotson  
**Sunday Coordinator:** Becky Hruby  
**Technical Directors:** Jeff Stibal, Jamie Carroll, Scot Dotson, Cari Gesiakowski, Gina Grupe, Doreen Rose Mace

#### Upcoming Services:

**Sunday, October 9:** Rev. Scot Hull, "Gonna Say 'Gay'"

**Sunday, October 16:** Rev. Scot Hull, "Democracy is not a Spectator Sport"

## Order of Worship

**Prelude** “Everything,” H. J. Long

## Call to Worship

**Introit** “Mirror,” H. J. Long

## Welcoming Words

**Opening Hymn** #1013 “Open My Heart”

## Chalice Lighting

## Song of Praise

## Covenant

Being desirous of promoting practical goodness in the world,

And of aiding each other in our moral and religious improvement,

We have associated ourselves together -

Not as agreeing in opinion,

Not as having attained universal truth in belief

Or perfection in character -

But as seekers after truth and goodness

## Doxology

**For All Ages** “I Can Do Hard Things”

## Passing the Peace

## Joys and Sorrows

**Hymn** #123 “Spirit of Life”

**Offertory** “Find a Stillness,” Transylvanian hymn tune,  
arr. C. Hardin

**Meditation** Ven. Bhante Sujatha

**Sermon** “How to Be Your Own Best Friend,” Ven. Bhante Sujatha

**Closing Hymn** #1029 “Love Knocks and Waits for Us to Hear”

## Chalice Extinguishing

## Benediction

**Sending Music** “Departure,” M. Richter

## Community Announcements

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### **This morning: How to be your own best friend: A conversation on the practice of loving-kindness**

In these times, we strive to achieve more and we desire more than we ever have and yet our happiness and the peace we all seek continues to slip further and further away. We see the burning desire within so many people to love more deeply, to live more fully and to find sustainable sturdy happiness.

Many religions and wisdom teachers encourage us to cherish one another as a way to find what we’re all seeking....

However, it’s clearly not working. Until we authentically learn to love ourselves and become our own best friends, we are lost. Not yet have we seen someone find true inner peace and happiness without first loving themselves. Through the very simple but not very easy practice of loving-kindness meditation we can change the destiny of humanity. When we practice loving-kindness to ourselves first, we are giving a unique and powerful gift to the whole world... it’s through our self-love that we love the whole world. Loving-kindness meditation when practiced with sincerity and commitment can alter your brain and change the way you see the whole world. When you change the way you see the world, the world changes.

**October BOW is the Humanitarian Service Project.** The mission of HSP is to alleviate the pain and suffering that poverty brings to seniors and children in DuPage and Kane Counties, without discrimination or exclusion for any reason. HSP's Senior Citizen Project helps to ensure that basic needs are met for low-income seniors. Funds raised this month will be used to purchase hygiene products that will be assembled in gift bags for seniors during the Week of Service in spring. Please give generously [uusg.org/donate](https://uusg.org/donate).

### **A Celebration of Life Service** for UUSG Member **Gloria Mansfield** will be held on Saturday, October 15, at 10am.

After the service the family invites attendees to a reception with light refreshments and visiting in the Common Room.

**Buddhist Meditation Group** Please join us Sundays, 6-7 PM, in the UUSG Common Room, for guided meditation and Dharma Talk with leaders from the Blue Lotus Temple.

**Women's Circle** "Women's Voices: Let's Be Heard" Join us October 22, 1-4PM as our next event features a panel discussion guided by members and friends active in several different organizations. Topics include women’s health, voting rights, housing rights and environmental awareness. Watch a promo video and sign up at [uusg.org/womens-circle](https://uusg.org/womens-circle).

### **New Adult RE Offering–CommUUnity Connections**

Please join us the first Sunday of every month as we get to know each other a little bit better. We will gather in the Common Room and each person will have the chance to answer “getting to know you” questions during the RE hour (9:30-10:15). Sign up encouraged but not required at [uusg.org/connections](https://uusg.org/connections).

**Veterans Day Service** At our service on November 13, we will have a rolling display of photographs of UUSG veterans and family members who served in the armed services. If you have photos that you would like to have displayed, please send them with captions to Jeff Stibal ([jstibal@gmail.com](mailto:jstibal@gmail.com)) by November 9. Electronic submissions are preferred. Questions? Aaron Fogleman ([aaronfogleman@niu.edu](mailto:aaronfogleman@niu.edu)).

### **The UUSG choir is starting up for the new church year!**

Did you sing in high school and are missing the joy of group singing? Or do you love to harmonize but would love some guidance? If you love singing in good company, then give us a try! Rehearsals are on Wednesday evenings at 7 in our sanctuary. We will sing in church approximately once a month. Contact Cynthia Spiegel at [music@uusg.org](mailto:music@uusg.org) to be put on the email list or to ask questions. We'd love to have you!

**Thanks** The Social Justice Team appreciates the contributions of the following people who fulfilled UUSG’s commitment to the Aurora Soup Kitchen: Deb Brod, Larry Escalona, Kevin and Linda O’Neill, Terry Shouba, Anne Wilson-Dooley, Sherry Wilson.

**Keeping Our Community Healthy** As we approach cold and flu season, this is a friendly reminder to please join us online if you are feeling under the weather. Thank you for helping us keep our congregation healthy!